



**Sons of the West program coming to Melton March 2020**  
**Visit [sonsofthewest.org.au](http://sonsofthewest.org.au) and register today!**

Sons of the West is a **FREE** and **FUN** men's health program

- **10 WEEK** program for **MEN**
- **LEARN** more about your **HEALTH** in a safe, inclusive space
- Make **FRIENDS** for life
- Try **FUN** new types of **PHYSICAL ACTIVITY**

For more information please email [info@sonsofthewest.com.au](mailto:info@sonsofthewest.com.au), phone **03 9680 6355**

/WBFCFoundation /WBFCFoundation /WBFCFoundation



[www.melton.vic.gov.au](http://www.melton.vic.gov.au)

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**LOCATIONS**

**TAYLORS HILL**

Weekly from Tuesday 17 March to Tuesday 26 May, 7:00pm-9:00pm  
 Taylors Hill Community Centre  
 121 Calder Park Drive, Taylors Hill 3037

**WEST MELTON - TWO sessions**

Weekly from Thursday 19 March to Thursday 28 May, 4:30pm-6:30pm and 7:00pm-9:00pm  
 Arnolds Creek Community Centre  
 19 Claret Ash Blvd, West Melton 3337