

Focus by Khallea Vanguardia

Imagine walking backwards. Imagine that and repeating it for the rest of your life. You would only be able to see what was behind you, unless you turn around and take a glance before turning back again to travel along your way.

To some people, this may sound fun. I even asked my friend, and they said that it would be tricky to find out where you're actually going but it would be interesting to see where you'd end up. As I think many people would answer, they would say it would be a nightmare or they would seem tormented. It's like you'd never be able to see where you were heading and you would get lost easily.

But once you begin doing it, you'll see that it actually could be pretty mind-blowing once you put in some thought. I'll allow myself to explain.

Try sauntering backwards in a room you've never seen or have been described to ever before. Never knowing what comes next, but seeing what you've passed. You'd bump into some objects in the room, of course, knock something over and maybe even hit the same wall over and over again. It'd be pretty surprising, correct? Never being able to see something you're walking towards, only something your walking away from.

You'd just have to trust either whoever constructed the room, or yourself and your gut feeling. Answer this truthfully, okay?

Would you rather hold faith in someone who knows and has created the room, or the person who's discovering it?

Now personally, I'd choose the person who's discovering it. They find things that have led them to others and if they're lucky, it'll be something good. For the creator of the room, I find that they already know how and what to discover, taking out the real fun in everything. Like they know what's going to happen next. As for the discoverer, they see what is in front of them, what is presented.

Not what the creator wanted to show them, but what they wanted to see.

So you're the discoverer in this situation. Except you'd only be able to see what was behind you. Walking backwards, remember? So whenever you think you would see something, you'd answer your own question only after you pass it. Crazy, right?

Think of it as if now, you're walking backwards throughout all your memories. For example, a memory of when you were a kid and something bad happened right in front of you. Maybe a car crashed into a fence or a man tripped over and hurt his ankle.

At the point this has happened, you were walking backwards, like you have for the entire of your life. When the car bursts into something or the person loses footing, you would only be able to see what had happened after.

From a proper view, you'd be able to see what was about to happen and reject it. But would you really?

At the moment, you don't have to walk backwards. You choose to walk forwards and you see what's been happening for the years you've been alive. You see what is in front of you and if it's bad, do you always do something to prevent it? Not always.

I've asked a lot of question here in this piece, I'm sorry.

Would you rather focus on the past or future, if you had to pick?

'Past' as in walking backwards, only seeing what you've missed. You've missed everything bad and good. I don't imply that you would ignore everything around you, you would surely see it, only after it has happened. You wouldn't be able to prevent it, although you would see the outcome if you hadn't.

You walked passed that poor man who has fell and injured himself, seeing the results. You saw that he has broken his ankle.

'Future' as in walking forward, only seeing what is presented in front of you. You've seen everything bad and good. I don't imply that you would interject everything around you, you probably wouldn't. You would be able to prevent it, although you wouldn't see the outcome if you hadn't.

You walked towards the near-to-crash car, telling the driver to step on the breaks. You didn't see them crash into the fence of a normal neighbourhood house.

In retrospect:

Past: You couldn't prevent something, although sometimes you wanted to.

Future: You could prevent something, although sometimes you didn't want to.

What would you focus on?