

# FREE programs in the City of Melton to get active in the month of April.

EXCLUDING PUBLIC HOLIDAYS

PREMIER'S  
**ACTIVE  
APRIL**

**FREE**

PREMIER'S

<p><b>TUESDAY</b></p>	<p><b>30 MIN CIRCUIT</b> Willows Historical Park, Melton April 9 and 30 / 12.30pm to 1pm</p> <p><b>STRENGTH TRAINING (18+)</b> Caroline Springs Leisure Centre, Caroline Springs April 16 / 9.30am to 10.30am Bookings essential – 9747 5327</p> <p><b>YOGA FOR KIDS (SCHOOL)</b> (Frontier Recreation Reserve Pavilion, Aintree) April 16 / 10am to 11am</p>	<p><b>THURSDAY</b></p>	<p><b>WALKING GROUP</b> Steps at Lake Caroline, Lake Street, Caroline Springs April 4, 11, 18 / 9.30am</p>
<p><b>WEDNESDAY</b></p>	<p><b>KINDERGYM (14 MONTHS +)</b> (Melton Indoor Rec Centre, Melton) April 10 / 9.30am to 10.30am Bookings essential – 9747 5327</p> <p><b>WALKING GROUP</b> Bridge Road Community Centre, Melton South April 3,10,17,24 / 9.30am</p>	<p><b>SATURDAY</b></p>	<p><b>TOOLERN CREEK PARK RUN</b> Bridge Road Rec Reserve, Melton South April 6,13,20,27 / 8am</p>
		<p><b>ACTIVE APRIL FUN DAY</b></p>	<p>April 11, 10am to 1pm. Navan Park. Free sports Activities</p>
		<p><b>RUN FOR HOPE</b></p>	<p>April 27, 8 .30am – Bridge Road Recreation Reserve, 5 Km Run/Walk (online bookings essential – melton.vic.gov.au/getactive)</p>

For more information, visit [melton.vic.gov.au/getactive](http://melton.vic.gov.au/getactive)

 /healthymelton

 9747 7200

PREMIER'S  
**ACTIVE  
APRIL**



HEALTHY  
*Connected*  
COMMUNITY

