FREE programs in the City of Melton to get active in the month of April.

**EXCLUDING PUBLIC HOLIDAYS**

### TUESDAY
- **30 MIN CIRCUIT**  
  Willows Historical Park, Melton  
  April 9 and 30 / 12.30pm to 1pm  
- **STRENGTH TRAINING (18+)**  
  Caroline Springs Leisure Centre, Caroline Springs  
  April 16 / 9.30am to 10.30am  
  Bookings essential – 9747 5327  
- **YOGA FOR KIDS (SCHOOL)**  
  (Frontier Recreation Reserve Pavilion, Aintree)  
  April 16 / 9am to 10am

### WEDNESDAY
- **KINDERGYM (14 MONTHS +)**  
  (Melton Indoor Rec Centre, Melton)  
  April 10 / 9.30am to 10.30am  
  Bookings essential – 9747 5327  
- **WALKING GROUP**  
  Bridge Road Community Centre, Melton South  
  April 3, 10, 17, 24 / 9.30am

### THURSDAY
- **WALKING GROUP**  
  Steps at Lake Caroline, Lake Street, Caroline Springs  
  April 4, 11, 18 / 9.30am

### SATURDAY
- **TOOLERN CREEK PARK RUN**  
  Bridge Road Rec Reserve, Melton South  
  April 6, 13, 20, 27 / 8am

### ACTIVE APRIL FUN DAY
- April 11, 10am to 1pm. Navan Park.  
  Free sports activities

### RUN FOR HOPE
- April 27, 8:30am – Bridge Road Recreation Reserve, 5km Run/Walk  
  (online bookings essential – melton.vic.gov.au/getactive)

For more information, visit melton.vic.gov.au/getactive